



# EUROPEAN INNOVATION PARTNERSHIP ON ACTIVE AND HEALTHY AGEING (EIP on AHA)

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## The Greek EIP on AHA Network Brief Presentation

[www.eiponaha.gr](http://www.eiponaha.gr)

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**Consultant Pulmonary Physician**  
**Head, E-health Unit**  
**Coordinator, Greek EIP on AHA Network**

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# European Innovation Partnership on Active Healthy Ageing (The EC Reply)

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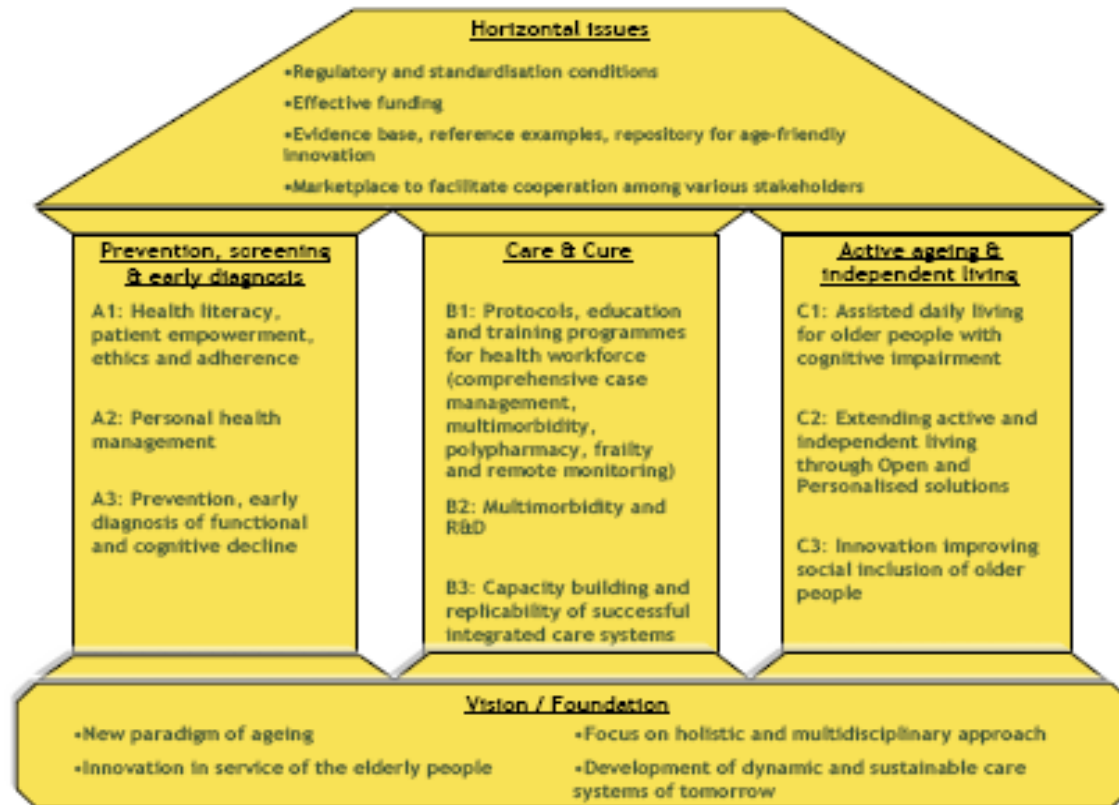
# Collaboration, coordination Integration





# Three main columns of Actions

## (Prevention, Care and Cure, Independent living)

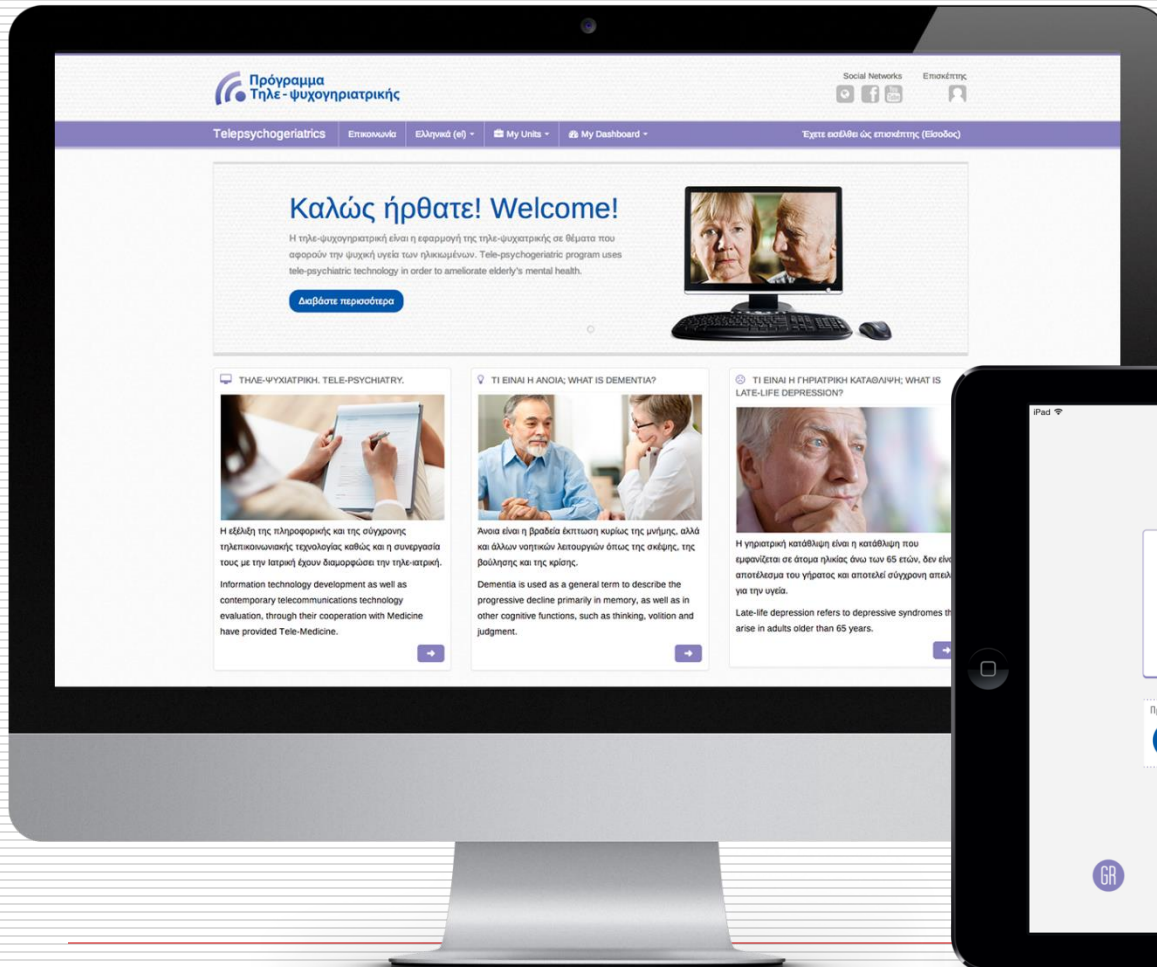


# **Remarkable but fragmented services/trials in Greece**

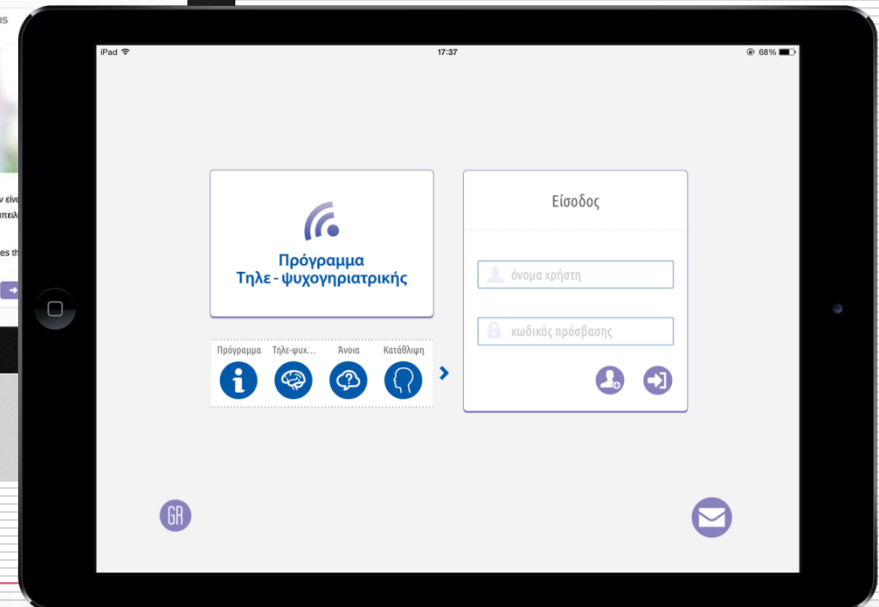
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- **Public Sector**
  - **Charity Sector**
  - **Academic**
  - **Social Care Sector**
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# Telepsychogeriatrics



iPad App:  
telepsychogeriatrics

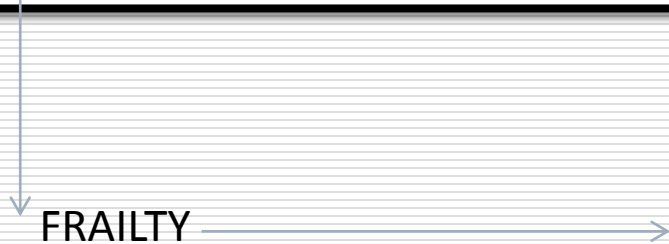
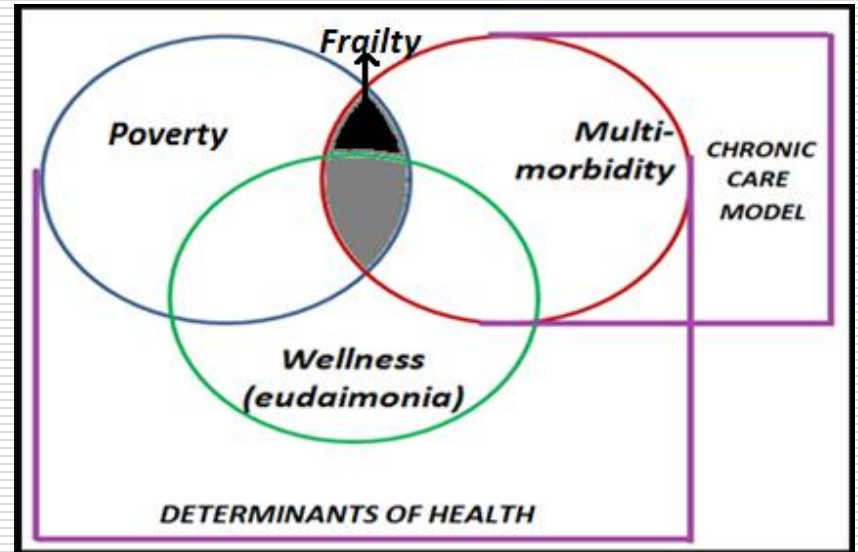
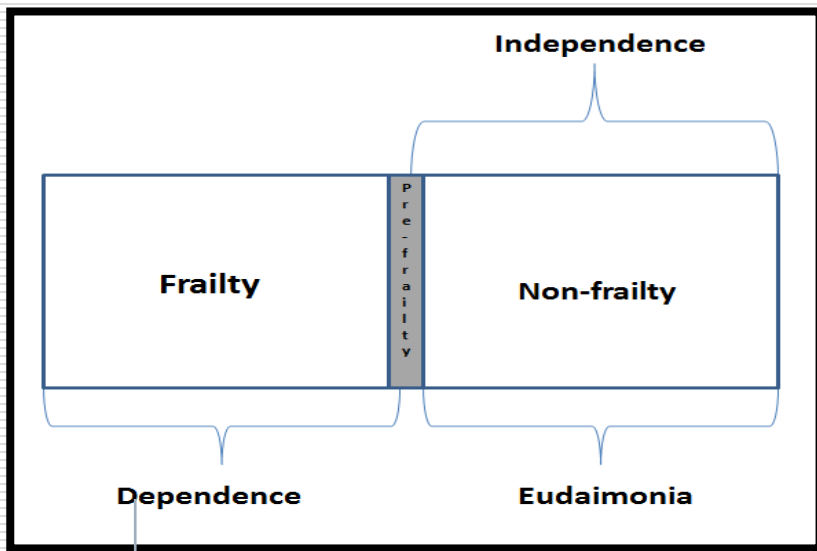


# «FRAILTY»: OUR PROPOSAL

## -The idea (III)-

### THEORETICAL BACKGROUND: FRAILTY AND EUDAIMONIA *(our assumptions and our idea)*

Figure 1: Connecting Frailty with Eudaimonia





# Athens Association of Alzheimer's Disease



TELEKOM AUSTRIA

Alcatel



## SOCIABLE

Motivating Platform for elderly networking, mental reinforcement and social interaction

## LLM

Long Lasting Memories

## ISISEMD

Intelligent System for Independent Living and Selfcare of seniors with cognitive problems of Mild Dementia

## HOPE

Smart Home for elderly people

**HERA** assisted living

**InnovAge**

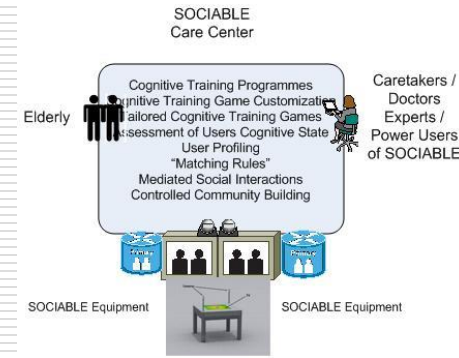
**ALCOVE**

**We are family**

**Set Care**

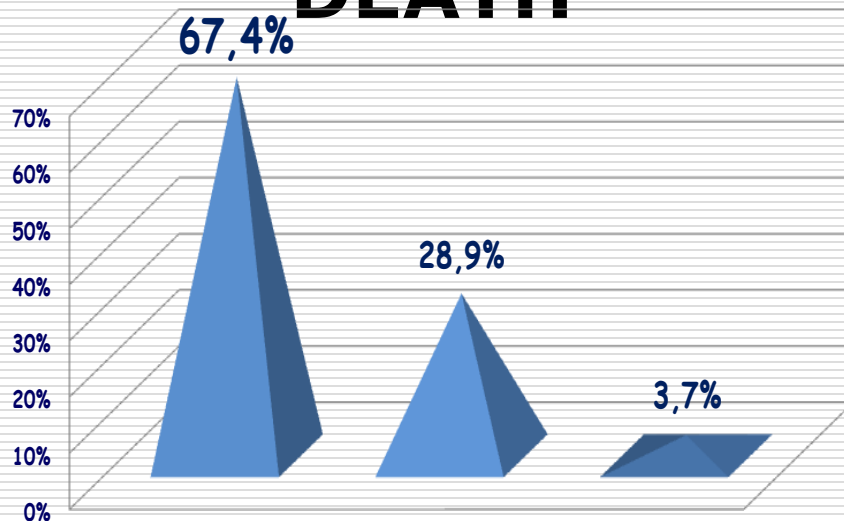
**Δήμος Αθηναίων**

**Δήμος Αμαρουσίου**



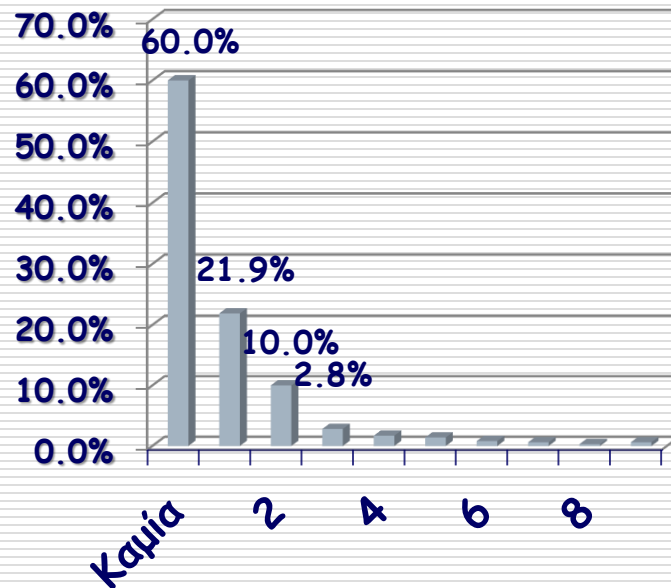
# Galilee Palliative Care Unit Interdisciplinary Team Service Provision

## PLACE OF DEATH



AT HOME  
NURSING HOME  
AT THE HOSPITAL

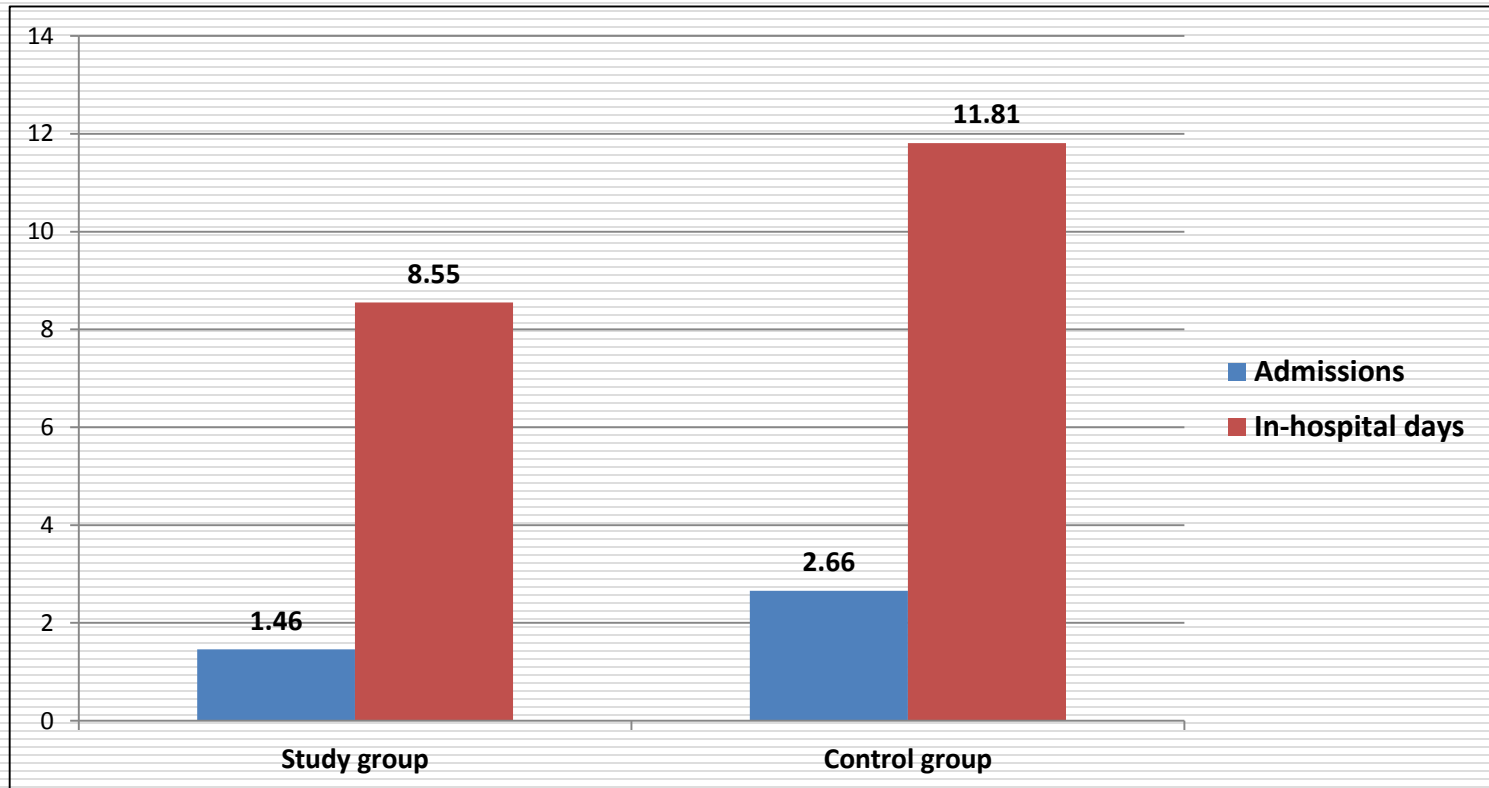
## HOSPITAL ADMISSIONS DURING CARE





# Hospitalization per patient per year

(RCT in 300 pts)





# Establishment of a new Greek Interdisciplinary Scientific Society

## Greek Network EIP on AHA



[www.eiponaha.gr](http://www.eiponaha.gr)



# Greek Network EIP on AHA

[www.eiponaha.gr](http://www.eiponaha.gr)

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## Aims:

- Coordination of fragmented trials in Greece
  - Alignment with the activities of EIP on AHA
  - Affiliations with other EU Regions in the framework of EIP on AHA
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# Challenges - Expected Benefits

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- 1. Learn and complement one another's strengths**
  - 2. Improving linkages between business, health and Social sector**
  - 3. New business models – Policy designing**
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# Greek Network EIP on AHA Initial participants

## Academic Sector

G. Baltopoulos, Prof. of Internal Medicine / Univ. of Athens  
 P. Bamidis, Assist. Prof. in Medical Education Informatics / AUTH  
 E. Diamanti-Kandaraki, Prof. of Internal Medicine / Endocrinology, Univ. of Athens  
 K. Fountoulakis, Prof. in Psychiatry / AUTH  
 M. Geitona, Prof. of Health Economics, Univ. of Peloponnese  
 A. Georgakilas, Prof. of DNA Damage, NTUA  
 I. Houvarda, Prof. of Medical Informatics / AUTH  
 A. Karagiannis, Prof. of Internal Medicine / AUTH  
 H. Karvounis, Prof. in Cardiology / AUTH  
 G. Koukoulis, Prof. of Internal Medicine / Endocrinology, Univ. of Thessaly  
 A. Kousoulis, Faculty member of Internal Medicine / Primary Care, Univ. of Crete  
 D. Koutsouris, Prof. of Biomedical Engineering, NTUA  
 C. Lionis, Prof. of Internal Medicine / Primary Care, Univ. of Crete  
 N. Maglavlakis, Prof. of Medical Informatics / AUTH  
 S. Panagiotakis, Faculty member of Internal Medicine / Primary Care, Univ. of Crete  
 A. Politis, Prof. of Psychiatry, Univ. of Athens  
 D. Sifaki-Pistola, Faculty member of Internal Medicine / Primary Care, Univ. of Crete  
 K. Syrigos, Prof. of Internal Medicine / Oncology, Univ. of Athens  
 I. Tountas, Prof. of Social Medicine, Univ. of Athens  
 V. Vasilikos, Prof. in Cardiology / AUTH  
 K. Zarogoulidis, Prof. of Internal Medicine / AUTH

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## Public Sector

G. Dafoulas, MD, Resident in Internal Medicine  
 D. Genimata, Pharmacy Consultant  
 C. Kampolis, MD, Pulmonary Medicine  
 E. Kandaraki, MD, Internal Medicine  
 P. Karydakis, Consultant in Surgery  
 T. Katsaras, Registered Nurse  
 S. Manikas, Consultant in Dentistry  
 G. Moschovakis, IT Consultant  
 A. Mpastas, Consultant in Pulmonary Medicine  
 I. Nianos, Consultant in Pulmonary Medicine  
 O. Oikonoros, Pharmacist  
 I. Pantazopoulos, MD, Internal Medicine  
 T. Paterakis, Registered Nurse  
 S. Patsilina, Consultant in Cardiology  
 A. Pefanis, Consultant in Internal Medicine  
 E. Stamatopoulos, Registered Nurse  
 G. Thanaseas, Consultant in Internal Medicine  
 F. Theiakou, Consultant in Internal Medicine  
 E. Threos, Consultant in Internal Medicine  
 F. Tolika, Registered Nurse  
 V. Tsara, Pulmonary Consultant  
 M. Tzimos, Consultant in Psychiatry  
 N. Vasilopoulos, Consultant in Pulmonary Medicine  
 A. Vazeou, Consultant in Endocrinology  
 T. Vontetsianos, Consultant in Pulmonary Medicine  
 V. Zagana, Head Registered Nurse

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## Social Sector

I. Agapidaki, Psychologist, Institute of Social and Preventive Medicine  
 K. Apostolidis, Patients' representative, European Cancer Patient Coalition  
 C. Dimitrakaki, Psychologist, Institute of Social and Preventive Medicine  
 A. Giannopoulou, Psychologist, Institute of Social and Preventive Medicine  
 A. Giotakos, Consultant Psychiatrist, Obrel  
 G. Koumanakos, Consultant Psychiatrist, Frodida Zois  
 M. Lambrou, Representative, Greek Society of Rare Diseases  
 D. Matzouras, Consultant Cardiologist, Greek Society of Preventive Medicine  
 L. Mestheneos, Assistant Professor, 5th Department of Internal Medicine, University of Athens  
 D. Oikonomidou, Specialist, Internal Medicine  
 P. Sakka, Consultant Geriatrician, Athens Association of Alzheimer's Disease and Related Disorders  
 C. Skaloumpakas, Logotherapist, ADHD Hellas  
 T. Spyropoulos, Internal Medicine Consultant, Greek Society of Preventive Medicine  
 A. Tserkezoglou, Consultant Oncologist, Galilee Palliative Care Unit

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## Research Sector

S. Kolyva, Biologist, Hellenic Pasteur Institute  
 S. Kossida, Biologist, Hellenic Pasteur Institute  
 Academy Athens  
 A. Milsis, Engineer, GSRT / MIT  
 C. Oikonomopoulou, Administrator, Hellenic Pasteur Institute  
 O. Papadoulous, Engineer, Hellenic Pasteur Institute  
 G. Spyrou, IT Expert, Biomedical Research Foundation of the Academy Athens  
 I. Xidia, MD, Internal Medicine, Univ. of Athens

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## Private Sector

P. Aggelidis, Vidava  
 E. Alexandrakis, Vidava  
 M. Delaportas, Vidava  
 V. Dendrinos, Vidava  
 P. Giovas, Pfizer  
 G. Peppas, Tatzgraber  
 I. Samiotakis, Unis  
 A. Strimenopoulos, Unis  
 K. Varsamos, Get2  
 N. Zevgoli, Vodator

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# A representative Coordinating Board

**Chair: Dr. Vontetsianos (Sotiria Hospital Integrated Care)**

**Vice Chair: I. Samiotakis (Unisystems SA)**

**Gen Secr.: Prof. Politis (Aiginiteio Hospital Psycho- Geriatrics Care)**

**Members:**

**L. Mesthneos (50+ NGO)**

**M. Lamprou (PESPA, Chronic Diseases patients' Representative)**

**K. Giannakopoulou (Anima NGO)**

**Th. Katsaras, RN, MSc (Sotiria Hospital)**





# National Scientific Committee

- 
- N. Sifakas**, Prof. of Pulmonary Medicine, Univ. of Crete, Former President of European Respiratory Society, **Committee Coordinator**
- I. Tountas**, Prof. of Social Medicine, Univ. of Athens
- Ch. Lionis**, Prof of Primary Care, Univ. of Crete
- G. Mpaltopoulos**, Prof of Critical Care, Univ. of Athens
- N. Ploumpides**, Prof. of Neurology, Univ. of Athens
- S. Stylianides**, Prof. of Psychiatry, Univ. of Athens
- N. Maglaveras**, Prof. of Medical Informatics, Univ. of Thessaloniki
- N. Sourtzi** Prof. of Nursing Care, Univ. of Athens
- E. Alexandrakis**, Director with MSD, Athens, Greece
- M. Geitona**, Prof. of Health Economics, Univ. of Peloponese
- A. Tserkezoglou** , Oncologist, Director, Gallilaia Palliative Care Center
- M. Mpartzokas**, Prof. of Pediatrics, Univ. of Athens
- E. Carayannis**, Prof. of Innovation and Entrepreneurship, Univ. of Washington
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# Action Plan

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- **Mobilization of all reliable Greek stakeholders**
  - **Building a database of good practices in Greece**
  - **Active participation in international networks**
  - **Greece. – Catalonia. –Scotland (and possible others) affiliations**
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# Affiliations with Scotland and Catalonia (have already been initiated)



Prof. G. Crooks



Scottish Centre for  
**Telehealth & Telecare**



Prof. J. Roca

**CLÍNICA**  
**BARCELONA**  
Hospital Universitari



# Greek – Catalonia Affiliation Meeting EKEPY Amphitheatre, April 14, 2014

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# Affiliation with Scotland e-health Forum, May 2014

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# e-health Forum, May 2014

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# Participating in European Networks

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- **ECHAlliance International Network**
  - **Euregha (European Regional and Local Health Authorities)**
  - **ICF (Integrated Care Foundation)**
  - **WHO**
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# Launching Collaborative Integrated care services for elderly and chronic patients at national level





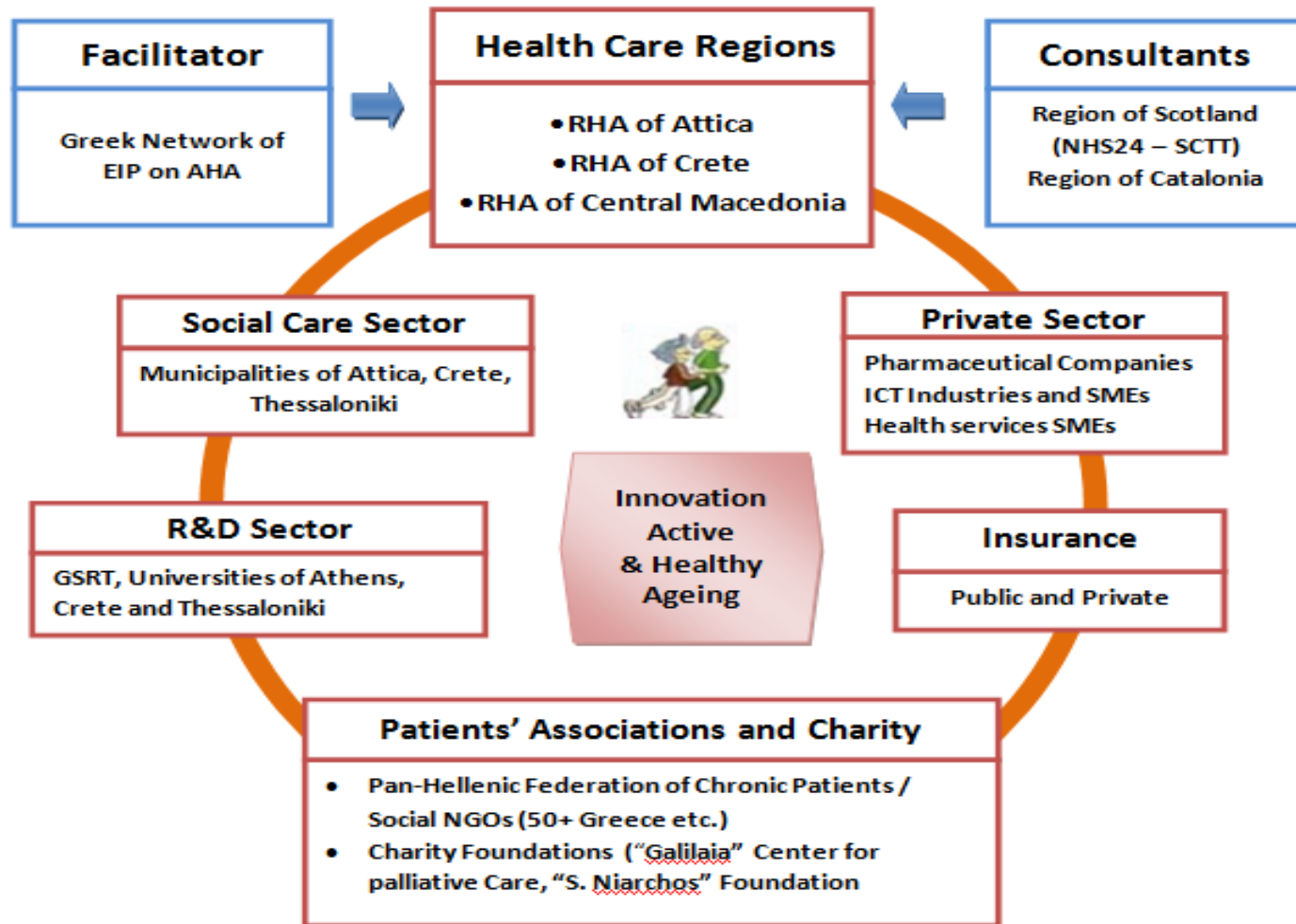
# ΕΙΡ-ΑΗΑ - Οικοσύστημα φορέων Κεντρικής Μακεδονίας

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- Νοσοκομείο ΠΑΠΑΝΙΚΟΛΑΟΥ
  - Νοσοκομείο ΑΧΕΠΑ
  - Πανεπιστημιακές κλινικές ΑΠΘ
  - Εργαστήριο Ιατρικής Πληροφορικής ΑΠΘ
  - Δήμος Θεσσαλονίκης - διεύθυνση κοινωνικής πολιτικής - ΚΑΠΗ
  - Περιφέρεια Κεντρικής Μακεδονίας – Διεύθυνση δημόσιας Υγείας
  - ΕΚΕΤΑ / ΙΝΕΒ, ΙΜΕΤ, ΙΠΤΗΛ
  - Σύνδεσμος Εταιρειών Πληροφορικής Β. Ελλάδος
  - Μή κερδοσκοπικοί φορείς που αφορούν χρόνιες παθήσεις και άτομα με ειδικές ανάγκες
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# Launching Collaborative Integrated care services for chronic patients (A Joint Venture Proposal)



# Collaboration and Coordination is the key

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